



# **HELP** *your child* **SUCCEED** **IN SCHOOL:**

## **BUILD THE HABIT OF GOOD ATTENDANCE!**

**MISSING JUST A DAY OR TWO  
A MONTH. FOR ANY REASON,  
MAKES IT HARDER FOR CHILDREN  
TO LEARN TO READ.** Too many  
absences can even lower your  
child's chances of graduating  
high school.

 The **James Irvine** Foundation

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**Good attendance helps children feel  
better about school—and themselves.**

### **HERE'S HOW YOU CAN HELP:**

- Set a regular bedtime and morning routine.
- Lay out clothes and pack backpacks the night before.
- Don't let your child stay home unless she is truly sick. Keep in mind that complaints of stomachache or headache can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious about going to school, talk to teachers, counselors or other parents for advice on how to make him feel comfortable and excited about learning.
- Develop back-up plans in case something comes up and you can't get your child to school.
- Avoid medical appointments and extended trips when school is in session.
- Contact school officials or community organizations to find help for transportation, housing or health problems.